



THE GOOD TRANSITION

From day care/nursery to kindergarten



Dear parents...

Soon the time will come for your child to start in kindergarten. The transition is new and exciting for some and scary and challenging for others. It is important to us that the transition from day care/nursery to kindergarten will be a good experience for you and your child. The cooperation between the adults in the child's life is therefore essential. Together, we are to clarify the expectations for your child's time in kindergarten.

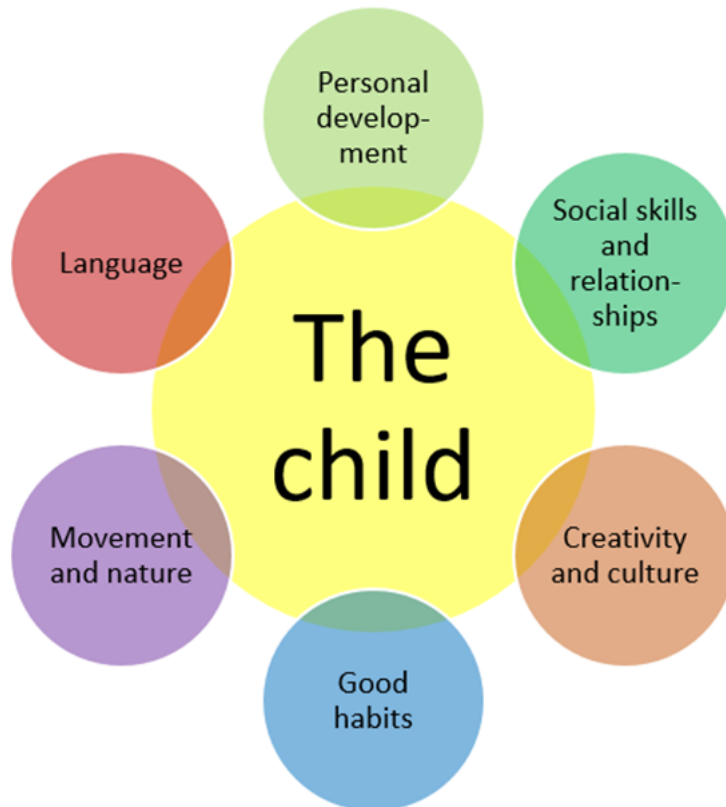


Illustration of the six central themes: personal development, social skills and relationships, creativity and culture, good habits, movement and nature and language.

This brochure goes through six central themes. Together we are going to discuss these themes and find the best way to support your child's development.

Best regards

Den Kommunale Dagpleje/Vuggestue (the day care and nursery)

Language

Language is not only the spoken language but also facial expression, body language and the understanding of the language, i.e. the child's overall ability to communicate.

The time in kindergarten will be easier for the child if it is able to use its language and express its wishes and needs. The child's pronunciation does not have to be flawless but we wish for the child to be able to make itself com-prehensible by using its communicative abilities.

How does your child tell about its experiences?

In kindergarten, the child's development of language is challenged through everyday activities. In these activities, the child has to express itself in different ways and use the spoken language. The adults in the child's life must support the child and its interest in the language.

If the child is able to understand a message, follow a verbal instruction and listen, the day in kindergarten will be much more manageable for the child. Furthermore, it is good for the child to be able to listen and to share own experiences during conversations.

Personal development

When your child is about to start in kindergarten, it is important that he or she has obtained a positive self-image. That way the child will begin its new life in kindergarten with openness, curiosity and a belief in own abilities. It is an advantage for the child if he or she is used to take action, take initiative to play, dress themselves and ask for help if needed.

It is important that the adults in the child's life are aware of the next steps in its development. It is essential to be positive and encouraging when the child is practicing – even if it does not succeed in the first try.

Be positive and encouraging when your child is practicing.

The child will have a need to be immersed in activities for a longer period of time and to be able to shut out disruptions. The best things that the adults can do is to acknowledge the child as the individual it is and not only for what it is able to do.

Social skills and relationships

There are a lot of children in the kindergarten and your child will be part of many new relationships. Your child will experience a set of social rules in the kindergarten and it is good that the child has an incipient understanding of these rules before it starts in kindergarten. Among other things, it means that the child is able to wait for its turn and compromise while playing, is able to have joint attention, is aware of its own limits, is able to stand up for itself and is seeking help when needed.

The adults are an essential part of the child's social life. It is important that the child feels acknowledged and respected. The adults should include the child and encourage activities and playing with other children. The child should feel like being a part of the community in

both kindergarten and at home. The adults can help the child by placing demands and let it be a part of the daily chores.

Movement and nature

Being a child in kindergarten, it is natural to be moving about and to be using the body indoors and outdoors. By using the body, the child strengthens its motor skills, its stamina and strength. If the child is happy to be active and is not limited by its own body, it is easier to be a part of games and activities and thereby the community in the kindergarten.

The child is perceiving the world through its body. Nature is an ideal environment for exploration. With the help from adults, the child can obtain knowledge about the nature we all live in and are responsible for. The nature is the perfect place to explore fauna and flora and to play using nature's own materials.

Nature is an exciting playground where there is room for exploration.

Creativity and culture

There is room for creativity and self-expression in the kindergarten. The child will be introduced to new activities in which it can be immersed and use its imagination. The activities will challenge the child's creativity and strengthen its ability to play, learn and concentrate.

Which creative activities does your child like to do?

Your child will take part in activities and trips out of the house that are going to give knowledge of art and culture, and the child is going to experience different forms of cultural expression. In the kindergarten, your child can experiment with creative materials on its own terms. This is where the adults should be supportive and give the child space to focus on its own creative projects. Furthermore, kindergarten is a place where your child is introduced to Danish traditions, as well as the traditions of the kindergarten, through stories, playing, projects etc.

Good habits: Pacifier, diaper, sleep and diet

All children are different, thus with individual development and needs that the adults should be aware of. When your child begins in kindergarten, it does not have to be free of the diaper, nor the pacifier.

A pacifier can be good for sleep and comfort. Therefore, the pacifier can be work well in the transition to kindergarten. We recommend that the child is free of the pacifier around the age of 3 because it can be hampering for the child's language and self-image.

When starting in kindergarten, it is not expected that your child is free of the diaper. It is individualistic when the child is ready to be free of the diaper. Therefore, it is important that the adults are aware of the child's signals such as an interest for the toilet or the potty, or that the child tells you that it has soiled its diaper.

Keep an eye on the child's signals. Is it ready to lose the diaper?

The need for sleep differ from child to child, although most children will need a nap when they start in kindergarten. This will be an option.

At home, it is important to make good night time rituals. The time before going to bed should be pleasant for the child; a time to read books, talk about the day that has passed etc.

In many of our kindergartens, the child has to grow accustomed to bringing a lunch box every day. It is important that the meal time is structured and that the atmosphere is nice. The employees at the kindergarten will pay attention that your child is getting something to eat. Children's appetite vary a lot and it is perfectly normal that your child does not always eat everything in the lunch box. As parents, it is important not to focus too much on the child's eating. Too much focus can make eating difficult for the child. If you are worried about your child's eating habits, you are always welcome to talk to us.

Look at the child before the lunch box.

How does your child eat during the day?

A greeting from the kindergarten

The cooperation between you and the pedagogic employees in the kindergarten is very important for your child's transition from day care/nursery to kindergarten.

Before the start, your child will have visited the kindergarten and will have had the first impression of what it is like to go there. As parents, it is important that you support your child's positive expectations. Furthermore, it is important that you are prepared to take plenty of time to the transition to kindergarten.

Expect a week for the transition to kindergarten

In the kindergarten, there will be put work into making your child a natural part of the community by supporting and encouraging the child to take part in play and other activities. This is important for the child's positive experience of the transition.

We are very much looking forward for your child to be starting in our kindergarten!

See you 😊

Websites and apps

Below you will find websites and apps you may find useful in playing and learning with your child.

Websites:

- [Sprogpakken](#) – Here you will find good advice about reading with your child and ideas for games which are strengthening your child's language.
- [READ](#) – Here you will find good advice about reading with your child (the materials are available in different languages).
- [Multidansk](#) – Here you will find games and songs with focus on language.

Apps:

- ReadingKidz
- Lille læser